

Church of Ireland COMAC

Cashel & Ossory Marriage Awareness Courses

COMAC is run by Mother's Union
in the United Dioceses of Cashel Ossory

Marriage Awareness Courses
are available for couples.

For further information apply to

The Secretary,
COMAC
c/o St. Canice's Library,
Kilkenny

Phone: 056 77 61910
Fax: 056 77 51813
Email: office@cashel.anglican.org

*If you
contemplate
marriage shortly
this leaflet is for
you.....Pick it up
NOW.....*

Church of Ireland
United Dioceses of Cashel &
Ossory

Further Information

COMAC
Cashel & Ossory

Marriage Awareness Course

Mothers' Union Cashel Ossory Marriage Awareness Courses

The Mothers' Union is a world wide Anglican led organisation whose purpose is to be specially concerned with all that strengthens and preserves marriage and Christian family life.

Members bring a wide variety of practical help and support to the Church and the community. As one of these practical projects Marriage Awareness/Preparation Courses are now available in Cashel Ossory and Ferns.

In a society which offers to individuals the possibility of entering into a wide variety of relationships, committed and less so, marriage remains distinctive for a variety of reasons. It involves vows that are life-long in their intention and which emphasise that the partners are determined to stay and grow together, "for better, for worse". It is a mutual commitment with public significance, in so far as the family based on marriage remains a vital building block of the society of which we are part. It offers an optimum context for the care and nurturing of children.

For all the joy that rightly surrounds a wedding day, there is something hugely solemn about marriage vows and their long-term consequences. It is no accident that the vast majority of people still choose to make their vows in church and to seek God's blessing upon their intentions.

As you prepare for your wedding day and relish the mutual love which can never be adequately described in words, this leaflet should be of interest. It gives a structured and imaginative opportunity to think hard and prayerfully about what you plan to do together, and it reminds all of us who are married that our skills in mutual communication are always capable of enrichment. I gratefully commend the work of COMAC to all who are planning marriage in our diocese and I wish you every happiness as you prepare for one of the greatest days of your life.

Michael Cashel & Ossory

The Course is for all couples intending to marry. It is presented in a relaxed style and hopefully will serve as a 'time-out' day for both to concentrate on their future together.

Contents of workshops include:

COMMUNICATIONS:

Basic feelings of Love, Trust, Hurt, Anger, etc. /
How to deal with Talking/Listening.

UNDERSTANDING:

Appreciating differences as much as what we have in common

SEXUALITY:

How each gender approaches their own sexuality.
Attitudes to sex?

FAMILY PLANNING:

General talk on Methods and Fertility Awareness.

'MONEY AND US':

Ideas on Sharing/Budget Exercise/Attitude to Money.

ADJUSTMENTS

'I to Us'...Personal responsibilities and feelings. Managing Anger Stress and Conflict.

'GOD AND US'

'The Meaning of True Love'! Believing and Thanking God for each other.

The Facilitators are trained, married people, who through their own experience and training hope to enable you, the couple, to reflect and gain insight on your future situation. The Course is not about 'Do and Don't' but about blending the Positive and Negative of all aspects of marriage.

Success in marriage is more than finding the right person: it is a matter of being the right person....
Rabbi B.R. Brickner

APPLICATION FORM Marriage Awareness Course

THE NEXT COURSE WILL BE

on.....
in.....
time.....

Name (Self).....

Address.....

Phone Number.....

Partner's Name.....

Address.....

Phone Number.....

Date on which you intend to get married
.....

Send this tear off portion in the first instance to:-

The Secretary
COMAC,
St. Canice's Library,
Kilkenny.

Phone: 056 77 61910 Fax: 056 77 51813

Email: office@cashel.anglican.org

Cost of Course is €.....
(including lunch)